1. Andheron ko tum ne shab maana hai

Hum ne raat ko aaghaaz e sahar maana hai

Kaashanah nahin marhala jaaniye

Zindagi ko hum ne safar maana hai

Sargaram o fa’al hai ana, lekin

Nasheb o faraaz ko dahr maana hai

Zahn o dil ki jung jaari rahegi

Ghaalib to hum ne jigar maana hai

‘Sahil’, husn to baat tabiyat ki hai

Fouq to hum ne hunar maana hai

1. Sahil dikhlao to sumundur paar kahen

Varna, kashti ko hum manjhdaar kahen

Be haal dekhen hain chaman hum ne

Koi saman dikhlao to bahaar kahen

Chot aisi lagao ai zaalim sanam

Ke lohaar nahin tumhen sonhaar kahen

Gulon ne puchha kaanton se ik roz

Kaho, passbaan maanen ya khaar kahen

Gehra hai rishta gulon ka khaak se

Kaho, gulshan kahen ya mazaar kahen

Takta hai ‘sahil’ ab jaane kahan

Kiske qadmon ki aahat ka intezaar kahen

1. Ik subh guzri ik shaam aur

Ik roz hua tamaam aur

Pila de saqi jo tu chaahe

Pila de mujhko jaam aur

Qismat se hai guzaarish yaro

Chala de mujhko gaam aur

Chain ibadat men hai itna

Kya karenge le kar kaam aur

Zindagi ke din muqarrar hain ‘sahil’

Kya socha tha tu ne anjaam aur

Qismat ke hotey hain faisley sab

Khwahishen kyon chaati hain maqaam aur

1. Mahz insan hun main shahryaar nahin hun

Mausam na samajhna bahaar nahin hun

Din khazaan ke bhi dekhe hain ‘sahil’ main ne

Per dil se zara bhi be qaraar nahin hun

Madagaar hun yaro nemat hai khuda ki

Per, kisi ke haath men hathiyaar nahin hun

Bikte hain nuskhey sukun ke bahot

Taalib hun taskeen ka kharidaar nahin hun

Baant ta hun tabassum o khushiyaan jahan men

Na pursish ho daam ki, bazaar nahin hun

Maangta hun duaaen chain o aman ki

Kisi aur shai ka talabgaar nahin hun

Baghbaan hun ‘sahil’ apne chaman ka

Paasbaan hun logo koi khaar nahin hun

1. Dekhiye duniya ke aaj tamaashe kamaal

Taskeen se jeena bana hai kitna mushkil o muhaal

Sota hun to jahan lagta hai baazicha e atfaal

Din bhar ka thaka haara mashghul o be haal

Kamaal ki yeh duniya ka haal dekhiye

Deta nahin jawaab koi, lab per rehte hain sawaal

Bulbul na uqaab na chahchahat chaman men

Faulaad ke parinde udte hain be par o baal

Nakhre hain haseenon ke ajeeb o ghareeb

Naaz o ada ko jaane kyon diya nikaal

Justaju hai sukun ki insan ko har haal

Kyon dekhta hun ‘sahil’ main itna ranj o malaal

Tujhe Bhoola hai Maula yeh tera bashar

Teri nemat tera qahar tera jalwa o jamaal

1. Shikast teri fateh bhi teri, ai zindagi

Kya na tawaan hai dua meri, ai bandagi

Umeed lagaaye baitha hun tujh se main zeest

Per, hansti hai tujh per qaza, ai zindagi

Deewaane to yaro har su hain jahan men

Mukhtalif hai magar dervesh ki deewanagi

Kyon dikhaate ho shaikh tum talwaaren mujhe

Jab inkisaari o sadaqat hai asl mardaanagi

Band rehte hain auraaq muqaddar ke saare

Kis baat per ‘sahil’ hai tujhe hairaanagi

1. Sahil’, zabt e giryaan kab talak

Dard e jaanan kab talak

Farsuda gul, be haal chaman

Yeh talkhiyaan kab talak

Subh se shaam aur raat bhar

Nafas, jaavidaan kab talak

Dar o deewaar, musht e ghubaar

Yeh aashiyaan kab talak

Faani hai har shai yahan

Yeh kehkashaan kab talak

Maula, jahan yeh tera hai

Magar yeh jahan kab talak

Doobeygi kashti ek roz

Sahil o baadbaan kab talak

Sambhal ja insan, hosh men aa

Woh hoga meharbaan kab talak

1. Khud ko na samjha sakey auron ko kya samjhayenge

Dil ko na behla sakey, to naghma kya sunayenge

Khaamiyan hain itni ‘sahil’, jinhen qaabu men na la sakey

Khud ko na hara sakey, auron ko kya harayenge

Dubo chukey zameer ko, havas ke yeh sumundur men

Khuftah hain aaj insan yaro, zameer ko kya bachayenge

Haal se pareshaan hain bande, khwaabon men ghuroob

Jo khud ko na sula saken auron ko kya sulayenge

Barbaadiyon ke shahenshah, hain aaj ke saare hukmiraan

Tabaahi ki raah per chalnewaale, jahan ko kya banaayenge

Maqsad kya hai zeest ka bhoola hai aaj insan, ‘sahil

Jo ghaafil hon hasti se apni, bhala sukoon woh kya paayenge

1. Zindagi se mila do  
   Us barq o bijli se mila do  
   Chaadar odhe laash nahin  
   Zinda dili se mila do  
     
   Koi sang dil se mila do  
   Uski mehfil ko hila do  
   Saqi na mai na maikada koi  
   Husn e qaatil se mila do  
     
   Ik safar hai zeest, maana  
   Kisi aaqil se mila do,  
   Sawaar kis per hun main  
   Mujhe mehmil to dikhla do  
     
   Sar aasimaah hun yaro  
   Shak, dil ke mita do,  
   Nau bahaar hai chaman men  
   Yaqin, ghafil ko dila do.  
     
   Chaarahgar hai dil men  
   Kabhi dil e bismil to dikhla do,  
   Lahu behta hua chashm se   
   Maula ki mehfil men dikhla do  
     
   Sang dil insan ko  
   Kisi narm dil se mila do,  
   Kabhi pathhar khud ban kar  
   Pighal kar dikhla do  
     
   Ajal giriftaah hai hayaat  
   Koi ajal se to mila do,  
   Laazim hai fana , dosto  
   Koi jeete ji mila do

Aasaan hai jeena agar  
Khud ko haal se mila do  
Lughat se apni, ‘sahil’  
Tum mustaqbil ko mita do  
  
Naghma saaz hai andaleeb  
Usey roodad e dil suna do  
Aansoo jigar ke apne  
Kabhi bulbul ko dikhla do

1. Sauda na ho sar men to junoon kahan

Junoon na ho ‘sahil’ to sukoon kahan

Guzaarish karna to goya tauheen hai aaj

Woh adab, woh banda e mamnoon kahan

Daaman pe daaghon ki kotahi to nahin

Per, sharmsaar insaan woh sar nigoon kahan

Maana ke zamaane badalte hain logo

Hairaan hun magar ke men hun kahan

Jahan tera hai Maula, muaayena to kar

Shayad tu bhi kahey dekh kar ,main hun kahan

Teri aamad ka rahega muntazir ‘sahil’

Bas itna bata Rab, tujhe milun kahan

1. Har su tera hi haath hai

Baad e baaraan o barsaat hai

Milta hun main fitrat se jab bhi

Goya tujhse Maula meri mulaqaat hai

Girte hain ansoo falak ke jab

Teri hi mehr o saughaat hai

Mah o anjum, jahan mukammal

Takta hai falak ko, ke teri kaaenaat hai

Kya karte hain kaafir, bin khuda ke

Is andaaz men ya rab unhin ki maat hai,

Jis naam se bulaayen tujhe tere bande

Bas, puja aur ibadat ki to mahz baat hai

1. Jawaan hai abhi jazba e mahabat, ‘sahil’  
   Bas, badli hai zara si kuchh us ki mehfil  
     
   Dar o deewaar, bulbul na khumgah koi  
   Shab ki tanhayi men hai sitaron ki mehfil  
     
   Ab sumundur na tufaan na kashti koi  
   Kaf e pa hain zarre aur sukoon e sahil  
     
   Andherey hon har su to koi baat nahin  
   Charaaghaan hai zulmat men ‘sahil’ ka dil  
     
   Ragon men ravaan josh e lahu dekhiye   
   Ghayab lughat se uski hai lafz e zaamil   
     
   Andherey hon har su to koi baat nahin  
   Charaghaan hai zulmat men us ka dil  
     
   Mafhum jo samajh le zindagi ka, yaro  
   Usi khuda ke bande ko kahenge kaamil
2. Ai kaatib e naseeb kya likhi hai tu ne taqdeer  
   Ke ban ke reh jaate hain sab tasavvur men tasweer  
     
   Rah e khuda per chalnewalo talaash kis fanoos ki hai  
   Zulmaton se darna kya gar baatin hai muneer  
     
   Farzi hai firasat saari, khaak ke putle kya samjhayenge  
   Kaho, kisey kahen phir jaahil aur kisey hum adeeb  
     
   Ai hukmiranon, faani ho ,saraab mat dikhlao  
   Kya badloge tum awaam ka likha hua naseeb

Majaazi hain raqeeb saare per ghalat na samajhna  
Falak men hai ek paasban, woh meharban hai raqeeb  
  
Bin poshaak ko dekh kar bata to maanen, ‘sahil’  
Kaun hai ameer jahan men aur kaun yahan ghareeb

1. ‘Sahil’, dur kitne ya kitne hain yeh qareeb  
   Haalat aaj ke aur mustaqbil men naseeb  
     
   Umeedon ki baaten kya karte ho, yaro  
   Kya Isa ne dekha tha khwaabon men saleeb  
     
   Jaane kyon koste hain log muqaddar ko apne  
   Hisaab nematon ka laga kar phir dekhen naseeb  
     
   Kaasa ba dast hai khush ik siqqe se hi, yaro  
   Ameer ke maathe pe shikan to kaho kaun ghareeb  
     
   Itni chaah ab kyon is chaman se tujhe ‘sahil’  
   Nazar aate hain kya din khazan ke qareeb  
     
   Is raftaar se dekha hai badalte jahan ko, logo  
   Ab kuchh nahin lagta hai hairat afza o ajeeb
2. Paimaan shikan hai insan aaj

Bhoola hai vaade jahan aaj

Yaqin se dur itna hai bashar

Ke zinda hai har ja gumaan aaj

Bahot sasti hai insan ki jaan aaj

Bikta hai har su imaan aaj

Doghle hain chehre, munafiq zamaan

Mushkil bahot hai pehchaan aaj

Zaamil hai darya, tishna insaan

Ravaan hai to bas us ki zabaan aaj

Entiraam na raabita na murrawat koi

Kaarobaar banen hain khaandaan aaj

Na sukoon koi na muskaan aaj

Haavi hai sab per havas o armaan aaj

Kabhi hota tha chain o aman ka mahaul

Jidhar dekhiye hai jung ka maidaan aaj

Zinda to hai insan ‘sahil’ zurur

Per, yeh banda khuda ka hai be jaan aaj

1. Nazren meri jab mujh per hi fida ho gayin

To haqeeqat ki raahen mujh se juda ho gayin

Kya yehi vajh thi maula ke khwaab mere

Bas, ek hi jhatke men tabaah ho gayin

Ehsaas hota hai jaise betaabiyaan jahan ki

Ab meri hi roodad men jama ho gayin

Duaaen meri kya tujh tak pahunchte,

Ya rab, Bin bataaye kahin gumraah ho gayin

Qan’at ke din aur neenden raaton ki

Kyon meri yeh ‘sahil’ fana ho gayin

Khata meri thi yaro faramosh tha main

Khud gharazi men umeeden hawa ho gayin

1. Jab talak baqi hain hosh baada noshi ka hisaab hai  
   Us ke baad, ai ‘sahil’, na hosh na koi azaab hai  
     
   Umr sukun se basar ho to ghanimat samajhna  
   Mehar khuda ki aur tere kaaron ka sawaab hai  
     
   Misl e aaftaab, kabhi dhoop aur kabhi chhaaon hai  
   Shab ko chain ki neend sona,  nayi subh ka khwaab hai  
     
   Tishnagi kaun samjhaaye, lab e darya hi bataaye  
   Woh boond jo de taskeen wohi mai e naab hai  
     
   Zindagi kya hai ‘sahil’, Tamanaaon ka sailaab hai  
   Acche burey ki shanaakht aur un hi ka hisaab hai  
     
   Dhund le dil men, raah qana’at ki, ghaafil  
   Kaun batayega tujhe,  khutbah na koi jawaab hai
2. Parwaaz ho parinda to nishan nahin milta

Sulagta hai shola to dhuan nahin milta

Kisey dhundta hai vaaiz apni mehfil to dekh

Gunahon ki basti men paak daamaan nahin milta

Maana, ke jannat men hongi roohen sab ki

Per, teri zameen pe maula aaj insan nahin milta

Kya hua hai jahan ko, shaikh tu hi bata

Baazicha e atfaal men kyon nadaan nahin milta

Justaju hai kis shai ki tujhe insan yahan

Zar ke mahlon men kabhi imaan nahin milta

Mil jayengi bahaaren rah e khazan per bhi

Per, biyaban men ‘sahil’ intminan nahin milta

Talaash sukun ki hai tujhe to jaan le tu bhi

Siva paarsaayi ke raasta aasaan nahin milta

1. Ik muddat baad arbaab aaye, us raat suhaaney khwaab aaye  
   Ab fikr nahin hai ‘sahil’ ko, toofaan ya sailaab aaye  
     
   Sookhi nadiyaan ravaan huin, gulshan sab shaadab huay  
   Jashn manaya baharon ne, ke ghar hamaare arbaab aaye

Aaye yaar puraane aaye, khubsoorat yaaden saath woh laaye  
Pur sukoon they mehmaan sab, khushiyon ka asbaab woh laaye  
  
Andheri thi woh raat zara si, per dil men sab ke noor tha  
Amavas ki us shab men bhi, chaah na thi mahtaab aaye  
  
Yaaron ki wo mehfil thi, goya chund puraane sitaron ki  
Chamka falak hairatzada, ke ghar hamaare arbaab aaye.

1. Har waqt paas ek chaman ho, yeh zururi to nahin  
   Har chaman men gul saman ho, yeh zururi to nahin  
     
   Rishtah gehra hota hai  gul o khaar ka , lekin  
   Har gul ko chaah o lagan ho, yeh zururi to nahin  
     
   Rahzan to woh hai zurur,  paasbaan bhi hai  khaar  
   Na gawaar har uski chubhan ho,  yeh zururi to nahin  
     
   Badalteen hain lakeeren yaro, sayi o qismat se  
   Sab ke haathon men yeh fan ho, yeh zururi to nahin  
     
   Zabaan bakhshi hai insan ko, chalna uski hai fitrat  
   Sab pe zabt e sukhan ho, yeh zururi to nahin  
     
   Mushkil hai jab jeena ‘sahil’, maut phir aasan kyonkar ho   
   Har milan men apnapan ho, yeh zururi to nahin  
     
   Simoom hogi, tufaan bhi, girdaab men kashti dolegi  
   Aathon pahar pawan ho, yeh zururi to nahin.
2. Aaj itminaan mera kyon hiraasaan sa hai

Kya sukoon saraab hai, dhuaan sa hai

Faani insaan ki baat kya kijiye, dosto

Aftab khud tulu o ghuroob se pareshaan sa hai

Marhala hai hayaat, goya aashiyaan yeh nahin

Shab bhar ka thikaana, bas kaarwaan sa hai

Chund roz ka bashar, yeh khaak ka putla

Ek raat ka parwaana, kuchh mehmaan sa hai

Pukhtagi nahin hai kisi baat men aaj

Yaqin ko bhi dekhiye, kuchh gumaan sa hi

‘Sahil’ ko dekh lijiye, zaat insaan ki hai

Barahaman hai lekin, kuchh musalmaan sa hai

1. Zabardast aisi hai talaash ke tumhen kya bataun

Ik baab hi miley sukun ka, kitaab nahin, to bataun

Tishnagi mit ti hai boond paani se, ‘sahil’

Lab e darya baith kar waqt kyon ganwaaun

Nagurez hai woh lamha, sukun pur jo miley

Kyon zeest ki maahiyat se faramosh ho jaaun

Kyon guzaarun main raaten aankon me kaho

Kyon palkon pe neenden aur khwaab na sajaaun

Ahd e haal ho azaab to maazi men kho jaaun

Ma ki aaghosh men ‘sahil’, lori men so jaaun

Khud gharazi ke auron se shikwe kya karun

Magan khud men hun itna, ke khud ko bhi na bulaaun

1. Shaam e gham bhi hogi jalwa e sahar bhi

Ravaan rahegi zindagi kabhi thahr bhi

Maana ke waqt muqarrar hai sa ka

Zururi hai lekin qaraar o sabr bhi

Maqaam apna hai har shai ka yahan

Behr apni jagah aur nehar bhi

Dekhiye bin ta’ajub dekhiye

Bazaar hai duniya, akseer aur zehar bhi

Yaad rahey ‘sahil’ tujhe

Mehr maula ki aur uska qahar bhi

1. Basar karni hayaat hai musibat itni kyon

Kya hua hai jahan ko hai adavat itni kyon

Aaba o ajdaad to aise na they kabhi

Aaj ta’b insan ki hai bad teenat itni kyon

Daagh daaman pe lagte they pehle bhi zurur

Kya gunahgaar hain zyada hai fazeehat itni kyon

Kya yeh khaak ka putla khaak hi ko bhoola hai

Varna, duniya men hai uqoobat itni kyon

Jaan sasti hai itni duniya men aaj ‘sahil’

Phir, rozmurra ki cheezon ki hai qeemat itni kyon

1. Parwaah na ki kabhi logon ki burayi ki

‘Sahil’, na ahl e siyasi ki khud sataayi ki

Tirchhi nazar se daagh e daaman mat dekh  
Paak dilon ne kab kisi ki ruswaayi ki   
  
Ehtiraam ki shaamen ghuroob huin hain, per  
Hum ne har musin ki ghar men peshwaayi ki  
  
Rang, roop, zaat,  mazhab ya ta’asub koi aur  
Tauheen na ki hum ne jahan men khudaayi ki

Logon ka kaam hai din raat ki nukta chini

Bhool jaate hain ke hadd hoti hai intehayi ki

Kya tu jaanti hai maut hijr kya cheez hai

Jaan leva hoti hai zeest ki shab judayi ki

Istehza mat karo din muayen hain logo

Chaadar odhoge ik roz tum bhi saudayi ki

1. Kaarwaan e jahan ka dastur hai ‘sahil’

Ke kaarnaame hi sabke bante hain mehmil

Uthna hai sab ne zamaane is ik roz

Naqsh e pa rahenge aur na hi koi sahil

Jaavidaan hai na koi shaikh na wali

Sab ke sab hain yahan be kasaan raahil

Khaak hi deti hai sahara sabko

Ba ikhtiyaar ho ya ho muzmahil

Umr guzregi manzilon ki justaju men

Be khabar rahega gar manzil se ‘sahil’

1. Tassavvur men tasweer na ho pehchano ge kisey

Maazi se na ho raabita to jaano ge kisey

Halqe halqe se banti hai zanjeer, yaro

Darrar aa jaaye to baandho ge kisey

Kaun sunta hai kisi ki ahd e haal men logo

Behri hai duniya Saari khutbe sunaoge kisey

Aaj haal to kal maazi phir mustaqbil, yaro

Musalsal hai ravaanagi samjhao ge kisey

Dur itna ja chuka hai insan khud se ‘sahil’

Ghazab ki tanhayi milaoge kisey

1. Maula, teri hai duniya tera nizaam

Tera yeh banda tera ghulaam

Mushkil hai rakhna umeedon ko zinda

Faani jahan men har subh o shaam

Jaante hain sab anjaam hayat ka

Koshishen hoti hain saari na kaam

Betaab hai insan sukoon ke liye

Per, mohaal hai kitna ‘sahil’, karna aaraam

Saraab hai javidani, peeri ki yeh marham

Nahin gawara yeh fuzul ka anjaam

Tabiyat bakhsh aisi insan ko ya rab

Taskeen miley usey jab le wo tera naam

--

1. Ghazal sunaun ya mukammal kahani aaj  
   Chund baab padhun ya zeest ki ravaani aaj  
     
   Kyon puchhun ashkon se rotey dil ki vajh  
   Jab dil ko tasalli hi nahin dilaani aaj  
     
   Yahan dil, dil se khafa ho jaate hain  
   Yeh duniya bhi paagal hai, deewaani aaj  
     
   Umr guzri hai talaash e maqsad e hayaat men  
   Nahin karni hai baat aisi be maani aaj  
     
   Mashghul hai insan khud sataayi men aisa  
   Ke bhoola hai woh rab ki meharbaani aaj  
     
   Fikr khud ki, jahan ki, khuda ki bhi shayad  
   Nazar aati nahin be shikan peshaani aaj  
     
   Dil se nikli baat to rooh qareeb hoti hai  
   Zahn karta hai amuman baat naadaani aaj  
     
   Ab baazeecha e atfaal se dur kitne log  
   Na tabassum ki raahen na koi nishaani aaj  
     
   Vazn itna hai peeri ka kaandhon per ab  
   Ke bahot yaad aati hai ‘sahil’ jawaani aaj
2. Muamma mat banao, Aasaan Hai

Muamma kyon banate ho, jeena aasaan hai

Samajh lo ke daaman ke upar girebaan hai

Justaju e mafhum e hayat kis liye

Bas, jee lo subh o shaam aasaan hai

Mahabat ki ho naseem, murrawat ki saba

Us thikaane ka naam aashiyan hai

Imaan ko fana kya karoge kaafir

Jab dil men nur, falak men kehkashan hai

Kahan dhundta hai bande tu chain o aman

Baatin me jhaank sukoon to wahan hain

Bhatakne na de woh insan ko kabhi

Zinda zameer hi har haal paasbaan hai

Udta parinda tha ‘sahil’ kabhi, per ab

Parwaaz men kotahi se kuchh pareshaan hai

1. Marne barabar hai jeena ghurbat o azaab men  
   Din ko muztarib to raat beetaao khwaab men  
     
   Barahman hun ya koi aur, kyon pucchte ho logo  
   Be matlab ka sawaal to kya rakha hai jawaab men  
     
   Maraasim bana rahey to mehakti hai khushbu  
   Kya rakha hai ek saman, ek tanha gulaab men  
     
   Zeest phaili hui hai har ja, vaadi jabal kya khala  
   Samajhna hai to padho kisi khuli kitaab men  
     
   Mauseeqi manaind e ibadat hai, dosto  
   Dil men basta hai imaan o raag, minbar na mizraab men
2. Kaun ginta hai duaen, to gunah main ginun kyon  
   Munsif, jhoot ki amezish hai majaazi hisaab men  
     
   Logon ka kaam hai bolna, chullu bhar ki duaen  
   Nazar andaz karo yaro, dubna hai to saraab men  
     
   Kyon padhun main ‘sahil’ tera kalaam, bata  
   Kahin to jauhar ho kisi gosha e baab men
3. Zindagi ka jeena bhi ik junun hai

Bata ‘sahil’ tu hi bata aisa kyon hai

Maikada ho ya ho koi shauq aur

Zinda dilon ka kyon sar nigun hai

Kehte hain logo ke taskeen darun hai, phir

Tum hi batao hungaama zahn men kyon hai

Gar waaqayi justsju insan ki sukun hai

Phir kyon hirs o hawas ka sar pe junun hai

Kabhi sochta hun vaaiz siwa dil ki dhadkan ke

Jo kuchh hai hayat men berun hai

Kya saraab hai, mitti men kahin madfoon hai

Gar sukun aisa hai Maula, to phir kyon hai

Sawalon ke jawaab zururi nahin miltey ‘sahil’

Ghanimat samajh ke tu zeest ka maftoon hai

1. Rishtah hai mera khaak se usi men daal de

Mai pilaaye saqi to jaam e sifaal de

Ghurbat o ameeri hain khel taqdeer ke

Insaniyat ki baat ho to sahi misaal de

Madad karna farz hai, ai insan magar

Koi puchhe tujh se kya kiya, usey taal de

Maanta hai rab ko, momin hai tu ‘sahil’

To har shak o gumaan ko dil se nikaal de

Sawaalon ka uthna laazim hai, lekin

Na samajh hai tu bande, unhen pamaal de

Rishtah hai mera khaak se usi men daal de

Mai pilaaye saqi to jaam e sifaal de

1. Ghurbat o ameeri hain khel taqdeer ke

Insaniyat ki baat ho to sahi misaal de

Madad karna farz hai, ai insan magar

Koi puchhe tujh se kya kiya, usey taal de

Maanta hai rab ko, momin hai tu ‘sahil’

To har shak o gumaan ko dil se nikaal de

Sawaalon ka uthna laazim hai, lekin

Na samajh hai tu bande, unhen pamaal de